

Closure of Clinical Practice

beginning Autumn 2018, with completion by Midsommar 2019

As I looked through the energies for the coming Chinese Solar-Lunar Year, I saw that it is a most auspicious year for me to make bigger changes in my life.

This means I will be closing my clinical practice and relocating. This might be within Sweden; but very possibly in another country.

The closure will be in two stages :

Firstly, from Midsommar this year
I will make conclusion with the treatment of some patients,
reducing clinic days during the Autumn.

I will continue treating for another 6 – 12 months / as needed
for those patients with more chronic or serious ailments.

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My Reasoning

Firstly, and maybe primarily, as I have stated previously,
without a 'home maker' or a partner who has interest to share this type of life
I am not able to develop my work further.

The work involved in treating and running the clinic is a full-time occupation.
To organise and run a home, as I wish, is another full-time work;
and then I wish to study and make further development
both in my own life practice and my clinical practice to patients.

Essentially, I need three of me. Or two committed individuals.

I have waited some years.
I do not think this will happen in Sweden,
especially with the aspirations engendered within your society
& ,even more so, those ideals sought by Swedish women.

In most other countries I have visited or lived I very easily find girlfriends;
and those who would readily wish to be partners,
to share a life together,
and to share this type of life that I live.
It is interesting, fulfilling, free.

Before I become older, I have decided to take my chances elsewhere.

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Secondly, I sense my time of practising medicine
or medicine in this manner is coming to an end.

I have practised for almost 30 years now, and my interest turns more
into the areas of personal well-being, self-development,
longevity and evolution.

Chinese Medicine, and even more so Daoist Medicine,
is extra-ordinarily rich in methods to promote
prevention, maintenance, development and evolution.

These subjects are much of that I have studied in the last 5 years with Jeffrey Yuen,
and feel that I could now offer more through the presentation
of courses for the forming of good health and well-being
and its further development into longevity

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At the same time, as a consequence of my personal practices
(or *cultivation through Daoist practices*)
there becomes a forever widening gap

*between the places and spaces in which I live,
and those of my patients.*

My present practices are on '*purifying the latency of disease from the DNA and womb*,'
(almost complete ..., then preparing to create internal structures for deeper levels of alchemical processes)

whilst many patients still do not manage to get through a winter without a cold

The distance between the two becomes too great
and it is time to give over the mantel of treating ordinary day to day diseases to another

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Thirdly, I do not longer feel comfortable in Swedish society.
It might be just that which I experience in Örebro; at present I am unsure.
But it is pretty, pretty weird here !!

It seems you have a very socialised society,
and, although close to nature in many ways,
have rejected common sense and normal, natural ways of living.

For myself, in the practice of a naturally based form of medicine,
there becomes a growing dichotomy between my truths and ideals
and those that most Swedes seem to accept as normal human life and living
Two examples form the opposite ends of this scale :

from : *the total lack of sense with diet* :
people eat yoghurt and frozen berries for breakfast
- or even give them to their young children -
when it is minus, minus degrees outside
and wonder why they catch a cold !!!???!!

to : *an abusive approach to child rearing* :
ignoring any sense of following natural hormonal responses,
and disregarding truer scientific and psychological facts
Swedish women abandon their babies at 9 months
due to indoctrination by socio-political economic agendas

I am sure future societies will look back
and regard this latter as a grave form of humanistic cruelty.
An insanity instilled as a norm in the process of socialisation of a whole nation of people.

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Again, for myself

there becomes too great a distance
between my ideals and personal perceptions of human life
and the realities lived on a daily basis within your society.

I sense that what is more needed,
and would be of significantly of more benefit,
is education :

*'How to form, support and nurture
the individual and a human life
to health, continued well-being and contentment'*

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Fourthly, the underlying misandry* prevalent in your society
(* hate towards masculine energy and men in general);

*together with the masculinisation of women
and the wider loss of the feminine principle*

**My thoughts are that I would ideally
live in a society in which women :**

adore and enjoy their own beauty, their femininity
feel free to experience the lightness, joy and happiness of being,
..... of being a woman

care, love and appreciate men,
respect and honour the power of masculinity

wear dresses and skirts
to appreciate and acknowledge
the difference in body form, shape and physiology

As a man

It is to love women, love femininity,
love the joy and the lightness
intimacy and endearment
the care and the intelligence
the strength and the depth
and all else which comes together with those

*But, I find it extremely disagreeable,
both individually and as a man,
to be faced on a daily basis within your society
from women (of all ages)*

arrogance, masculinisation, judgment, condemnation, self-righteousness*

All hidden as a guise for a feminist agenda of equality.

As written previously, I see that
this is really destroying your society and culture,
and it is probably too late to turn it around.

*I believe my choice is now to see if I can experience
the developed and nurtured feminine face of women
in another country, with another peoples*

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* It is a hollow, childish argument to suggest, as some do, that these are warranted & acceptable as men in other countries treat women in this manner.

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Fifthly, as I move into the 'autumn phase` of my life,
I need to change the style of *Tai Ji Quan* that I practice.

This means spending time with a teacher
learning and then refining a new form;
so that I have it as part of me
and able to take it into retreat as I age further.

Luckily, I have a friend who is a very competent practitioner
and teacher of such arts living in Amsterdam.

This means spending periods of days or weeks there.
However, beginning training in the Autumn this year,
it does mean I expect to be in Örebro a further 12 – 18 months

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Sixthly, I again receive more offers of teaching and involvement in other projects in other countries: Israel, Canada, USA – 4 different locations, Denmark, southern Europe

As explained previously,
the knowledge in Chinese Medicine
which I carry is quite unique.

A system based upon philosophy and astrology
from studies at my *mother* college in UK.

In the recent years, I have studied
another set of very unique knowledge :
the perspective of Daoist Medicine & Life Arts
with Dr Jeffrey Yuen as guide and teacher

The next step of development, for myself,
is the integration of this knowledge
and finding a suitable medium through which to express the result ;
(as well as more time for study, personal experiments and experiences

I do not believe this will be through clinical practice,
but discovered more through education, teachings and workshops

I am also very unsure that this will be in Sweden,
as there needs to be an audience who are psycho-spiritually
ready and open for such dynamics

In these other countries, there is a more open interest,
much bigger audiences – both students and lay people,
together with better financial incentives and reward

Whereas, **for myself**, the *geist* in Sweden still resonates
with that found in the 90's in UK and other parts of Europe.
It is some 25 years, or one generation, behind in development.

It becomes rather difficult for me to develop my work further
in such environment or to find the personal interest to do so.

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Seventh, and finally, but maybe also a primary cause,
I realised it's just time for a change.

As the world opens,
one sees there are a countless cultures
and a myriad ways of living in the world

I sense within myself an eagerness to experience
some of these other ways of living in other places
with other peoples ...

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**May you find your peace
May you find your inner destiny
and, most important,
May you find the courage to follow it**

Xuan Miao Ren 玄妙人

www.daoist-medicine.net

Please honour the integrity of this work