Wu Yun Liu Qi: 5 Energies & 6 Qi

Overview of an approach to treatment and a general teaching format

- **A Cosmologic View**
  - The Philosophy of 5 Movements & Six Qi or Wu Yun Liu Qi

These enable one to:

- Calculate the general & specific nature of the weather annually and seasonally
- Understand the effect of these upon the general health and specifically to individual constitutional maps
- According to individual Constitutions, have insight during which years, months or seasons particular patients might become sick, worsen in condition or die.
  - This will direct the approach to treatment and also lead the pathway to preventative treatment
- Understand which diseases or disease processes can begin or worsen during each of those time periods
- Know the real nature of an External Pathogen and so direct to correct diagnosis and treatment

- **Constitutional & Personalised Treatment**
  - Understanding the nature of each of the 10 Stems, 12 Branches and 6 Divisions
  - Knowing the different theories and rules which apply to each of those realms
    - Obviously, this is the theory of 5 Elements expressed, respectively, at the levels of HEM
  - Understanding how patterns of pathology are formed at each level
    - This leads into knowing more directly the origins, cause and nature of symptoms; so more effective treatments
    - It is this accuracy in diagnosis which allows for the usage of a minimal of needles (usually 3)
  - Differentiating the patterns of pathology from the patterns of the Constitution
    - This is based upon the ‘axis of imbalance’ developing into the ‘triangle of blockage’ for each
  - Application of the rules of each level into treatment approaches and strategies
    - Treatment according to Cycles of 7/8 Year, 10 Years, 12 Years → different approaches for age/stage in life
    - Understanding the pathways to sickness, ageing and dying early from blocked Qi
  - Forming of the Physical Constitution according to the principles of Stem and Division
  - Diagnosis of the Physical Constitution as a basis for Treatment, understanding normal development, plus patterns of Excess and Deficiency
  - Dynamics of treatment
    - 2 Meridians + 3 Needles, to rebalance the flow of 5 Element Qi
    - Relevance of approaches with 1 or 2 needles
    - Usage of more needles with Psychological Pathology
  - Understanding the Pulses
    - in Health as Individual Constitutional Pulses, differentiated according to St, Br & Div
    - in Pathology according to expected tendencies for each.
    - General influence of Annual and Seasonal Energies
    - Specific influence of Annual & Seasonal upon individual constitutional/pulse maps
    - Differentiation of Death Pulses according to Stem / Constitutional Qi

- **Usage of other Modalities according to Constitutional Qi**
  - Patent Remedy Formulas as Constitutional Treatment for Stem & Inner Climatic Terrain
  - Essential Oils for Constitutional & Emotional based Pathologies related to Branches

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Psychological Interpretation

- Interpreting the nature of each of the 10 Stems, 12 Branches & 6 Divisions into a Psycho-dynamic world and their representation, respectively, as Psycho-spiritual, Socio-emotional and Emotio-somatic relationships

- Development of the different aspects of the Human Psyche according to the Ba Mai, Wu Shen & Jing Luo Mai: Conception, Pregnancy, Perinatal: Consciousness → Cognition & Perception: Emotional & Mental phases; Pre-personal & Personal Developments, Gross Emotions & Cognitive Emotionality

- Understanding the different principles relevant to a Psycho-dynamic approach according to function, pathogenesis and pathology; and applying these into the worlds and rules of Stem, Branch and Division

- Diagnosis & Prognosis
  5 Element Framework at the levels of HEM
  Energetics of Pathology of each Element according to Stem & Branch
  Psycho-pathology according to Divisions & Meridian Types

- The Pulses interpreted within the Psycho-dynamic world
  The Constitutional Pulses of psychological aspects of Stem, Branch & Division
  Pulses of the psychopathology of Stem, Branch & Division

- Dynamics of Treatment
  How to influence Character, Personality, Emotional States & Body-based well-being
  Treatment of Psychopathological disease as understood from St, Br and Div.

  Brief overview of Psychological Pathology from a Depth-based Psycho-dynamic view plus Pulse Indication for each of these.

Ba Zi or 8 Characters

- Explanation of the Ba Zi

- Relevance of the Ba Zi in Diagnosis, Treatment & Prognosis

- Ba Zi within a Psycho-dynamic framework
  4 Realms related to 4 Aspects of Development & Behaviour
  As a Psycho-therapeutic tool within Personal Relationships

- Other Treatment Modalities
  Gemstone Infusion Elixir as Constitutional Treatment for pathologies understood through Ba Zi

Background Philosophies

- Fu Xi & King Wen Ba Gua Arrangements

- Ho Tu: Yellow River Map
  Lo Shu: Luo River Diagram

- Forbidden Meridians according to:
  Seasonal Qi in Leg Meridians
  Daily Cycles of Qi in Arm Meridians

- Macrocosmic & Microcosmic Cycles
  Treatment Principles
  Point Application